



# LARRY A. HOFF ePOST 2100



Issue #101 SEPTEMBER, 2021

COMMUNICATION IS POWER

TO OPT OUT OF OUR NEWSLETTERS, E-MAIL [MARIA KLENHARD](mailto:MARIA.KLENHARD)

## OUR NEXT MEETING

September 23rd, at 7:30 PM, is slated for our next tele-meeting, by invitation, using GoToMeeting. E-mail me if you want an invite:

[commander@epost2100.org](mailto:commander@epost2100.org)

Our tele-meetings are provided for you to learn about and have input regarding your cyber Post. BTW, have you visited [Our Web site](#), lately?

OUR HELP DESK STANDS READY TO ASSIST US VETERANS WITH FREE COMPUTER-RELATED AID.

[ROBERT MCTUREOUS](#)

404-304-1772

## 9TH DISTRICT MEETING DATES

The 9th District meeting dates and locations are posted below.

- \* Canton 45 - November 7th
- \* Sugar Hill 127 - February 6th
- \* Gainesville 7 - May 1st

## MILITARY BADGES

I was sent this link:

<https://wizardpins.com/blogs/education/military-insignia-history>

from a teacher who wanted to promote one child's project. Seemed genuine and interesting.

## YOUR CYBER POST OFFICERS

|                             |                                |              |
|-----------------------------|--------------------------------|--------------|
| Post Commander.....         | <a href="#">ROBERT GREEN</a>   | 770-786-8702 |
| Senior Vice Commander.....  | <a href="#">MARIA KLENHARD</a> | 916-952-7691 |
| Junior Vice Commander ..... | OPEN                           |              |
| Adjutant.....               | <a href="#">MARIA KLENHARD</a> | 916-952-7691 |
| Finance Officer.....        | <a href="#">MAC MCMILLAN</a>   | 404-277-4280 |
| Judge Advocate.....         | <a href="#">TED RICHARDS</a>   | 404-754-0415 |
| Exec. Committee.....        | <a href="#">ED MCMILLAN</a>    | 770-757-6136 |
| Sergeant-at-Arms.....       | DAVID GREEN                    |              |
| Service Officer.....        | <a href="#">ED MCMILLAN</a>    | 770-757-6136 |
| Chaplain.....               | <a href="#">ROBERT TEETER</a>  | 918-781-9328 |

## COMMANDER'S CORNER

"And now stays faith, hope, charity, these three; but the greatest of these is charity." — *King James Bible*.



In Judaism, there is no word for charity, but the closest word is *tsedaka*, meaning justice, for it is only just to help those in need.

Most religions include a charitable aspect, and most Americans are charitable.

In the past it was easy to tell which cause, organization or person was a valid recipient for charity (usually money).

However, today, it can be difficult to discern what is valid and what is not valid.

The Internet, besides phones and mail, has brought another dimension into the picture, the scammers, such as a Nigerian prince, a banker, a *widow* In need, police and even *veteran* charities.

Some legit charities have highly-paid officers and marketers.

The safest bets are the local organizations, though our own [American Legion](#) has several possible recipients for your funds.

You may know of other good sources of charitable contributions, including use of your time, food, skills, used goods, etc.

It has been said that the highest charitable level is when the giver volunteers and the recipient no longer needs charity. I hope you are a giver and not a receiver, but... !

—*Bob* (770) 786-8702 [commander@epost2100.org](mailto:commander@epost2100.org)

## OUR CHAPLAIN'S PAGE

So here it is the 6<sup>th</sup> of August, and I am just getting started on my newsletter input for August. We spent 3 weeks of July traveling back east visiting family, and I must tell you in all honesty, we had a very hard time leaving Cleveland, OH. The high temperatures while there were only in the upper 70's and low 80's. Then as luck would have it, my I-pad decided to cease functioning and I was unable to work on the newsletter. Upon arriving home, the cool temps were gone and replaced with upper 90's and excessive heat warnings with heat indexes in of 105 to 115, knee high grass, and a ton of work around the house. Therefore, I begged and pleaded with our commander for an extension to this week.



Staying with my plan this month takes us to the fourth clause of the American Legion Preamble:

TO FOSTER AND PERPETUATE A 100 PERCENT AMERICANISM...Americanism is the gist of the American ideals of freedom, justice, individual rights and unfenced-in opportunities. It embraces all the freedoms we cherish and all the rights that are guaranteed to us. It is the very opposite of hatred, bigotry and intolerance. Americanism is the creed that has blazed the world-wide trail for justice, fair play, decency, belief in God, private enterprise, universal education, and progress in all human endeavors. It puts a premium on the virtues of loyalty, patriotism, hard work and thrift.

I'm going to go in a completely different direction this month, no soap box rants, or tirades. Instead, this month is just about "[Be Still and Know](#)". There is a musician I love listening to by the name of Steven Curtis Chapman. One of his Worship songs is titled "Be Still and Know" from his Speechless CD of 1999. The song is very easy to find on You-tube. The thing is we are all from different backgrounds, faiths, ages. The deal is we can't tell each other what to think or believe, Hence the title for the month "Be Still and Know". I would like to put out a challenge to each of you to read the Fourth Clause, listen to the song, and then reread the Clause.

Psalm 46:10 "He says, "Be still and know that I am God; I will be exalted among the nations, I will be exalted in the earth." NIV.

My prayer for this month is that we find a way to truly find a way to be still and know. Father, help us to still our mind so we may find our way to you. For truly Lord, it is not only through deeds that we find a path to you. Let our minds be open to the words that make this organization what it is and what it represents. In your Name Oh God, Amen.

Bob Teeter

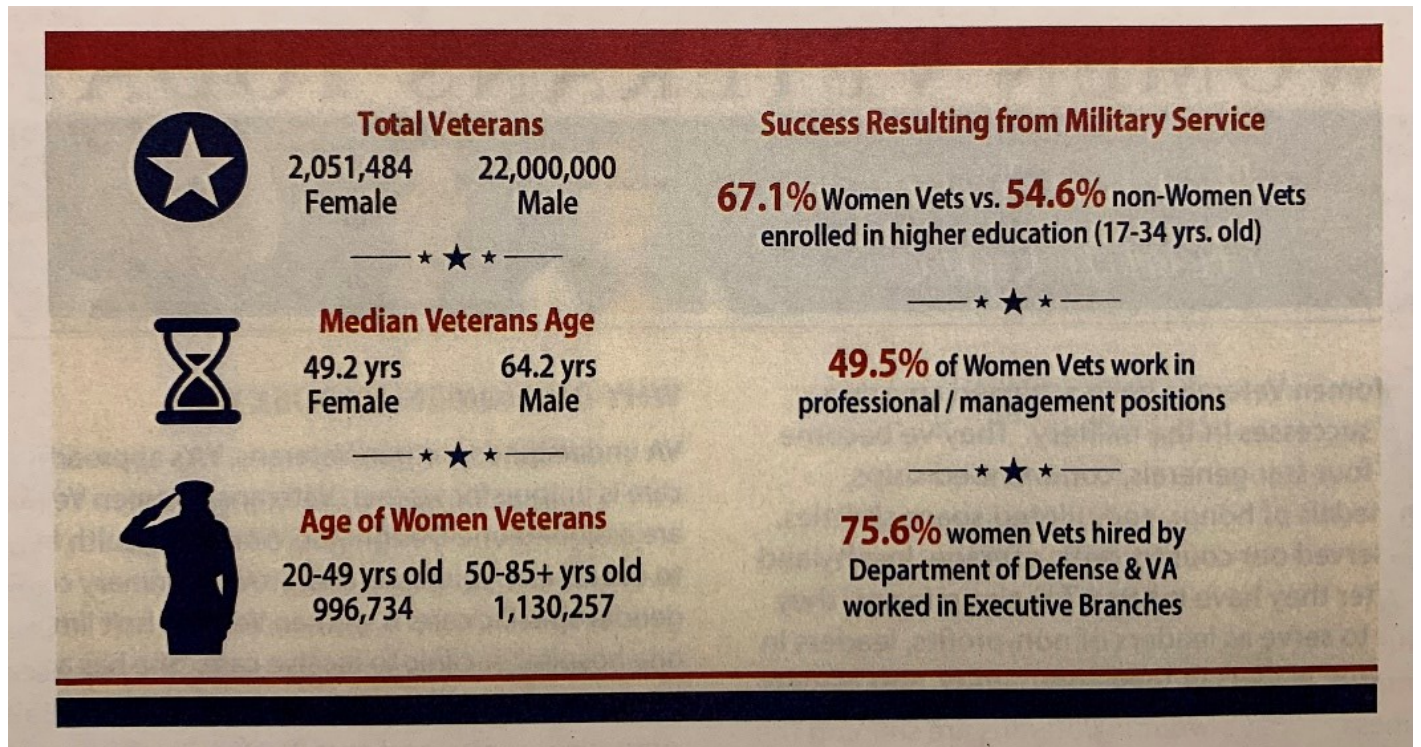
Post Chaplain

[rteeter@sbcglobal.net](mailto:rteeter@sbcglobal.net) 9187819328

# WOMEN VETERANS TODAY- - PER MARIA

Women Veterans have achieved amazing successes in the military they've become four-star generals, commanded ships, earned medals of honor and piloted space shuttles. They've served our country with courage, loyalty, and pride.

After they have taken off their uniforms, they continue to serve as leaders of non-profits, leaders in government, leaders in their community, and leaders in business. Today's women Veterans are shaping the future. VA is committed to providing women Veterans the access to gender-specific care they have earned and deserve.



VA is expanding health care services to meet the growing needs of women Veterans. The most common medical conditions for women Veterans are, and VA offer the best treatment for these conditions:

- \* Muscle and joint pain
- \* Mental health issues
- \* Readjustment difficulties
- \* Posttraumatic stress disorder (PTSD)

More information available online about VA benefits ([www.vba.gov](http://www.vba.gov)) and eligibility ([www.va.gov/healtheligibility](http://www.va.gov/healtheligibility)). Women Veterans Call Center: 1.855.VA.WOMEN.

# LETTERS TO THE EDITOR

Our newsletter differs from a bulletin in that it is the major outreach and communication with our members. I encourage submissions for our newsletters to make them more germane and to provide feedback.

Of course all items sent will be checked for spelling, grammar and not violating any copyrights.

You might also have some items you would like to have on our Web site, particularly in our [VAC](#) resources pages.

## The American Legion Membership Application

\_\_\_\_\_  
(Name) \_\_\_\_\_ (Date of Birth)

\_\_\_\_\_  
(Mailing Address) \_\_\_\_\_ (Phone Number)

\_\_\_\_\_  
(City) \_\_\_\_\_ (State) \_\_\_\_\_ (Zip) \_\_\_\_\_ (Post #)

\_\_\_\_\_  
(E-mail) \_\_\_\_\_  Male  Female \_\_\_\_\_  
(Gender) \_\_\_\_\_ (Dues)

I certify that I served at least one day of active military duty since December 7, 1941 and was honorably discharged or am still serving honorably.

**Please check appropriate service era and branch of service below**

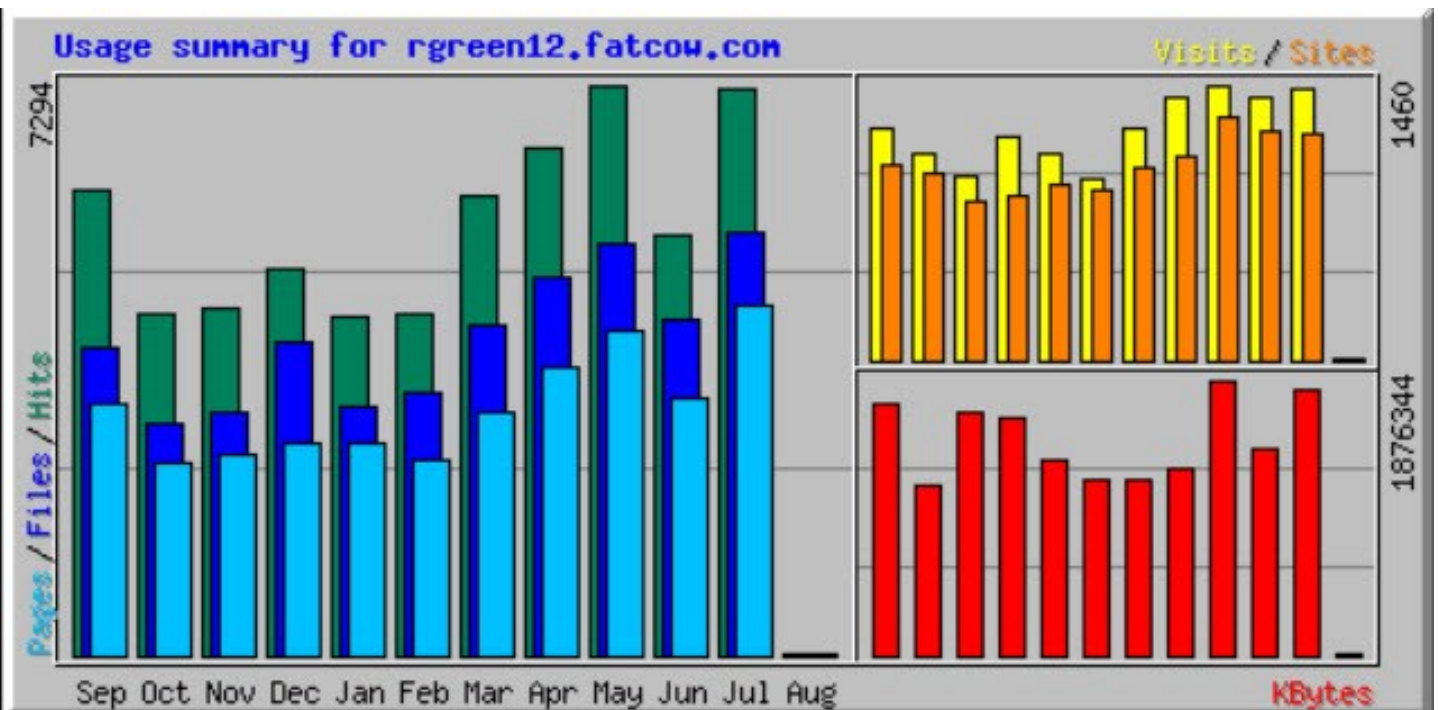
- |   |   |
|---|---|
| <input type="checkbox"/> Global War on Terror | <input type="checkbox"/> U.S. Army                    |
| <input type="checkbox"/> Gulf War             | <input type="checkbox"/> U.S. Navy                    |
| <input type="checkbox"/> Panama               | <input type="checkbox"/> U.S. Air Force               |
| <input type="checkbox"/> Lebanon/Grenada      | <input type="checkbox"/> U.S. Marines                 |
| <input type="checkbox"/> Vietnam              | <input type="checkbox"/> U.S. Coast Guard             |
| <input type="checkbox"/> Korea                | <input type="checkbox"/> Merchant Marines (WWII only) |
| <input type="checkbox"/> WWII                 |   |
| <input type="checkbox"/> Other Conflicts      |   |



\_\_\_\_\_  
30-009 Signature of applicant \_\_\_\_\_ Date \_\_\_\_\_ Name of recruiter

# OUR WEB SITE STATISTICS REPORT

| Summary by Month         |           |       |       |        |                |                 |              |              |              |              |
|--------------------------|-----------|-------|-------|--------|----------------|-----------------|--------------|--------------|--------------|--------------|
| Month                    | Daily Avg |       |       |        | Monthly Totals |                 |              |              |              |              |
|                          | Hits      | Files | Pages | Visits | Sites          | KBytes          | Visits       | Pages        | Files        | Hits         |
| <a href="#">Aug 2021</a> | 19        | 17    | 14    | 4      | 8              | 3604            | 4            | 14           | 17           | 19           |
| <a href="#">Jul 2021</a> | 233       | 174   | 144   | 46     | 1193           | 1804935         | 1442         | 4465         | 5418         | 7248         |
| <a href="#">Jun 2021</a> | 178       | 142   | 109   | 46     | 1207           | 1406391         | 1394         | 3293         | 4278         | 5363         |
| <a href="#">May 2021</a> | 235       | 169   | 133   | 47     | 1294           | 1876344         | 1460         | 4137         | 5253         | 7294         |
| <a href="#">Apr 2021</a> | 216       | 161   | 123   | 46     | 1082           | 1265683         | 1392         | 3695         | 4830         | 6490         |
| <a href="#">Mar 2021</a> | 189       | 136   | 99    | 39     | 1022           | 1192345         | 1224         | 3092         | 4220         | 5874         |
| <a href="#">Feb 2021</a> | 156       | 119   | 89    | 34     | 894            | 1191078         | 966          | 2498         | 3357         | 4370         |
| <a href="#">Jan 2021</a> | 139       | 102   | 87    | 35     | 925            | 1322657         | 1099         | 2716         | 3191         | 4319         |
| <a href="#">Dec 2020</a> | 159       | 128   | 87    | 38     | 870            | 1617711         | 1179         | 2716         | 3991         | 4934         |
| <a href="#">Nov 2020</a> | 148       | 103   | 86    | 32     | 836            | 1654366         | 972          | 2580         | 3095         | 4440         |
| <a href="#">Oct 2020</a> | 141       | 96    | 79    | 35     | 988            | 1155612         | 1093         | 2460         | 2980         | 4381         |
| <a href="#">Sep 2020</a> | 198       | 130   | 107   | 40     | 1036           | 1707600         | 1223         | 3229         | 3922         | 5952         |
| <b>Totals</b>            |           |       |       |        |                | <b>16198326</b> | <b>13448</b> | <b>34895</b> | <b>44552</b> | <b>60684</b> |



**VETERANS CRISIS LINE 1-800-273-8255**

**[VETERANSCRISISLINE.NET](http://VETERANSCRISISLINE.NET)**

## NEW BURN PIT SMOKE COMPENSATION

[Veterans](#) exposed to harmful burn pit smoke while serving in certain overseas war zones will for the first time get presumptive disability benefits status under a new announcement by the [Department of Veterans Affairs \(VA\)](#).

Initially, the new move will cover only [veterans](#) suffering from three illnesses: asthma, rhinitis and sinusitis, and only if the illnesses manifested within 10 years of a [veteran's](#) overseas service. In many cases, presumptive benefits status allows [veterans](#) applying for disability benefits to forgo certain paperwork and medical exams used to prove their injuries and illnesses are directly connected to their time in the military.

Areas and time periods covered include the Southwest Asia theater of operations (Iraq, Saudi Arabia, Bahrain, Qatar and more) from August 1990 to the present and Afghanistan, Uzbekistan, Syria or Djibouti from September 19, 2001 to the present.

To apply for the new benefits see an accredited [Veterans Service Officer \(VSO\)](#) asap.

## PUFL MEMBERSHIP CARD REPLACEMENT

If you need a replacement card or know of another **Paid Up For Life** American Legion member who needs one, call 1-800-433-3318 or write to:

The American Legion

PUFL Processing

P.O. Box 1954

Indianapolis, IN 46206

## PERHAPS REDUCE AUTO PREMIUMS?

Some automobile insurance companies offer electronic checking on driving habits with a possible reduction in insurance premiums. The programs also hope to improve driving and reduce accidents.

USAA: [USAA SafePilot - Apps on Google Play](#)

ALLSTATE: [Allstate Drivewise App. Review - Bing video](#)

Maybe check your company to see if they offer such inducements.



## MORE THAN JUST A BUDDY CHECK

If you know of people living alone and who use the Internet, you might see if they would OK your sending them a "Hi" or "Hello" email or text each day for them to respond to to let you know everything is OK and they are alive.

You might also get the number of a relative or other person to contact if you get no response to your email/text.